

RECREATION //

Motion and Devotion

Motion and Devotion is a Christ-centered fitness program designed to increase physical and spiritual fitness through safe exercise, energizing music and devotions in a non-threatening and encouraging atmosphere. Step Aerobics are on Mondays at 5:30 p.m., Wednesdays at 9 a.m., Thursdays at 6 p.m. and Fridays at 9 a.m. Preregistered child care is available for morning sessions only. Contact Katy McMurtrie at 898-9469 for more info.

Softball

Coed softball teams are formed in the spring and fall months. For more information on softball, visit hempfieldumc.com/softball.

OTHER //

United Methodist Women

The UMW meets on the second Wednesday of the month at 7 p.m. in room 124. Contact Carol Adey at 569-3619 for more info.

Streams of Life

Streams of Life is a ministry that reaches out to Kenyans and other Africans in our region. They hold a weekly prayer service on Sundays at noon in the MPR.

CONTACT //



Rev. Dr. Keith Braucher
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Rev. Dr. Ed Barlow
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Matt Ralph
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ADULTS



hempfield
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SMALL GROUPS //



Small groups at Hempfield UMC exist for **study, prayer, fellowship** and **service**.

These four objectives are achieved in many different settings – in single gender groups of 4 to 6 people and in larger mixed-gender groups of 8-12 people to name just two examples.

Groups meet on various days of the weeks and times from September to December and February to May. Some groups also meet in the summer.

Groups meet in homes, in restaurants or coffee shops and even here at the church. Some meet weekly, others twice a month.

If you would be interested in participating in a small group either as a member or a leader, fill out our Small Group Sign-Up on the website at hempfieldumc.com/grouplife or contact Matt Ralph at mralph@hempfieldumc.com or 285-5156, ext. 293.

YOUNG ADULTS //

The Young Adult Community hosts gatherings of the church's 20 and 30somethings several times a year. Young Adults are also active in small group ministry at Hempfield UMC. If you would like information about the next gathering or would be interested in joining a small group, contact Matt Ralph at mralph@hempfieldumc.com.



SENIOR ADULTS //



Breakfast Bible Study

Senior Adult Pastor Ed Barlow leads a study at 9:30 a.m. in the Spirit Cafe every Thursday from September to May.

Men's Fellowship Breakfast

The second Tuesday of every month at 8:30 a.m. at Moveable Feast. Ed Barlow leads.

Hearers and Doers Ambassador Class

This class meets at 9:50 a.m. in room 124. For more information, contact Jack Richards at 464-2753.

BIBLE STUDIES + CLASSES //

Becoming the Church

This is a class offered in the fall and spring that is designed for newcomers to our church to grow deeper in their faith, learn more about our beliefs, connect with other believers and learn more what it means to be a member of our congregation. Go to hempfieldumc.com/newmembers for more info.



Men's Bible Study

The Men's Bible Study meets on Mondays from 6 to 7:30 a.m. in the fall, winter and spring months. E-mail mensgroup@hempfieldumc.com for more info.

Women's Bible Studies

The Tuesday night and Thursday morning Women's Bible studies meet in the fall, winter and spring months.

Marriage and Parenting

We offer workshops and events designed to strengthen marriages and families. For more information, contact Heather Hammel and matthewandheather@yahoo.com.